



1. Palm oil is a type of oil.

True

False



2. Which two parts of an African oil palm tree give us palm oil?

The fruit

The stone in the middle of the fruit

3. According to the text, tick the global regions where palm oil is produced.

Mediterranean

North America

Africa

South America

Southeast Asia

4. List three items that contain palm oil.

Any 3 of the following:

ice cream, pizza, chocolate, washing detergent, deodorant, shampoo or toothpaste

5. What is the advantage of palm oil being colourless and odourless?

It doesn't affect the look or smell of the food it is used in.



6. What does deforestation mean?

Deforestation is cutting down (large areas of) trees in order to make way for something else.

7. What do you think the word detrimental means? Use the context of the sentence to help you.

Children write the meaning in their own words. Similar to:
causing harm / harmful / damaging / destructive

8. What do you think child labour is?

Children write the meaning in their own words. Similar to:

Child labour refers to the exploitation of children through any form of work that stops children from enjoying/ living out their childhood.

They have to work instead of going to school.

Children are made to work on the palm oil farms.

9. Complete the table by putting two examples in each column.

The advantages of palm oil

- farmers are able to produce a lot more palm oil per square footage compared to other oil crops like sunflower or coconut oil.
- palm oil supplies 35% of the world's vegetable oil demand using just 10% of the agricultural land.
- oil palm trees do not require as many pesticides or fertilisers to be used when growing them compared to other types of crops.
- the palm oil industry is offering jobs and financial opportunities

The disadvantages of palm oil

- the rainforest is being cutting and burning down in order to plant African oil palm trees
- deforestation of bio-diverse forests
- the fires to make way for farms destroy the natural habitat of plants and wildlife
- millions of tonnes of greenhouse gases are being released into the atmosphere and contributing to climate change.
- child labour on the palm oil farms

10. Which supermarket does not sell products containing palm oil?

Iceland



11. List two ways you can help support sustainable palm oil farming.

- Look for the RSPO label on products
- Write to the company who made products containing palm oil, but without a label and urge them to use certified sustainable palm oil.

12. Has this text influenced you in any way? Yes / No

Explain your answer.

YES:

- It has made me realise that it is important to think about where your food comes from and to make educated decisions/ be informed about what you are buying.
- It has made me realise that I need to think carefully about the type of food I eat/buy and make sure it has sustainable palm oil in it
- It has influenced me to look out the for the RSPO label on any household products and food that I buy.

NO:

- This text has not influenced me at all because I do not worry about what ingredients are in the food that I eat.
- Knowing about the damage palm oil is causing has not influenced me to make any changes in my own life.